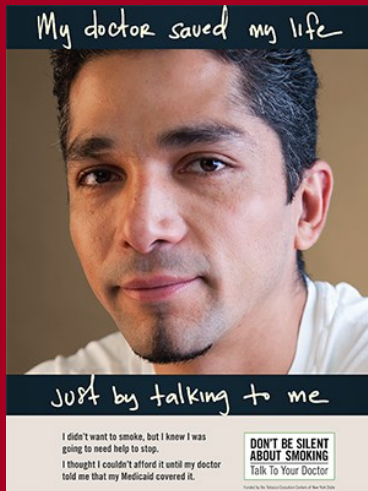


The Central New York Regional Center for Tobacco Health Systems at St. Joseph's Hospital

The Center at St. Joseph's Hospital is one of nine New York State Dept. of Health Bureau of Tobacco Control grant funded programs for Tobacco Health Systems.

The Center covers the Counties of Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga and Tompkins.

We are committed to promoting the Clinical Practice Guidelines which have been developed by the United States Department of Health and Human Services. Considered "best practice," the Clinical Practice guidelines consist of evidence based methods and treatments that help tobacco users quit.



WHAT WE DO

The Center at St. Joseph's Hospital works with health care organizations and clinicians to:

- Implement systems to screen patients for tobacco use.
- Assist clinicians in treating patients who struggle with tobacco addiction.

PROGRAM GOALS

- Reduce tobacco use among adults with low incomes, low educational attainment and serious mental illness.
- Focus on system and policy level improvements to implement systems to screen patients for tobacco use and provide tobacco dependence education, counseling and treatment.
- Provide evidence-based referral systems to ensure New York tobacco users have access to effective tobacco cessation treatments.



FREE RESOURCES

Receive free resources and services to assist with the implementation of a comprehensive tobacco health systems.

Partnering agencies receive free:

- ◇ Technical assistance with best practices
- ◇ Educational resources
- ◇ Policy templates
- ◇ Training curriculums
- ◇ Patient materials for the New York State Smokers' Quitline

FOR INFORMATION CONTACT:

Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego and St. Lawrence Counties

Julie Seaman, RRT

315.458.3600 ext. 115

Julie.Seaman@sjhsyr.org

Broome, Chenango, Cortland, Tioga and Tompkins Counties

Deborah Mendzef, MS, ATC

315.458.3600 ext. 119

Deborah.Menzef@sjhsyr.org

St. Joseph's Hospital Health Center does not discriminate on the basis of race, color, creed, national origin or sex, and no patient or employee shall be denied the benefit of the Hospital or be subjected to discrimination.





**This is your greatest
opportunity to save lives...**

**The Central New York
Regional Center for
Tobacco Health Systems
*at St. Joseph's Hospital***

“70% of smokers want to quit. Every year about half of smokers try to quit, but very few succeed in quitting for any length of time. Why? Because smokers are not getting the help they need.”¹

“Only 27% of doctors usually monitor their patients’ progress in quitting smoking.”¹

“7% of smokers achieve long-term abstinence on their own. When clinicians take the time to talk to their patients about smoking and provide assistance with quitting, long-term success can be achieved.”¹

More information can be found at:

**DON'T BE SILENT
ABOUT SMOKING**
TalkToYourPatients.org

ST. JOSEPH'S
Hospital  Health Center
A HIGHER LEVEL OF CARE

*Providing effective resources
to improve tobacco cessation
outcomes and to save lives*